

GLOBAL MENTAL HEALTH PROGRAM

Goals of the Global Mental Health Program

Global Mental Health Awareness

- To promote awareness of issues of global mental health and social disparities.

Practical Implementation in Clinical Settings

- To develop practice tools to address these issues both at home and abroad.

Underserved Access to Care

- To promote interest in working with underserved populations within and outside the United States that are in need of mental health services.

Cross Cultural Psychiatry in Practice

- To expand the knowledge of cross-cultural psychiatry and provide ways for residents to incorporate that knowledge into their clinical practice of psychiatry.

Networking

- To develop within and external to the department of psychiatry a network of individuals with common interests in global mental health from which collaborative ideas and projects can spring.

Objectives of the Global Mental Health Program

- Partner with current electives and clinical placements where the program goals can be met
- Develop new global health didactic and clinical electives and selectives
- Identify faculty with global mental health interests who could help mentor residents and fellows on clinical elective and scholarly projects
- Develop international sites for possible bidirectional exchanges of faculty, residents/fellows and medical students
- Consult with clinical and didactic curriculum leaders to develop new opportunities to meet global mental health goals within the existing curriculum
- Provide guidance for residents/fellows interested in global mental health during training
- Identify and develop funding for international or GMH-related clinical electives and scholarly projects

Education Program Components

The Global Mental Health Program (GMHP) exists to supplement and support the existing didactic and clinical curriculum of the residency program. Residents/fellows interested in doing GMH related education can do so during elective times and during selective experiences. The Global Mental Health Elective experiences will be open to all residents/fellows in the program and to others in the medical school and university.

The major component of the Global Mental Health Program is the Global Mental Health Elective. The elective meets twice per month and consists of multi-disciplinary presentations on global mental health projects or issues, including journal club presentations by residents/fellows with faculty discussion and resident/fellow scholarly work. The elective is conducted in an informal setting geared for trainees at all levels, providing program participants opportunities to become familiar with colleagues with similar professional interests and to learn about the variety of global mental health activities within the department and elsewhere. It is designed to promote networking, idea sharing, and information about possible future projects.

For those interested in obtaining recognition, there will be a registration process whereby each resident will submit an individual plan of study.

Registration Process:

Provide to the GMH council approximately 1 page application with the following:

- Name and year of residency
- Brief summary of your past global health experience (if applicable)
- Statement of interest
- Brief statement of goals for your participation in the program
- Outline of your Individual Plan of Study for each academic year (using the opportunities below or any additional items you would like to pursue)

Portfolio of Experiences:

For those residents who wish to receive recognition for having completed the Global Mental Health Program, a Portfolio of Experiences must be submitted for review. The Portfolio should include:

Mentoring Program – Residents should demonstrate consistent contact with a mentor on clinical, educational, or scholarly project of their choosing.

Global Mental Health Elective (GMHE) – Residents should attend 50% of events each academic year. Each resident should present at 1 event per year either current work or a lead a journal club discussion with an invited faculty discussant.

Medical School Global Health Elective (GHE) – Residents can use this elective as a resource for general global health education. Upper-level residents should seek out organizers of the course each year and work with them to develop the mental health component of the course.

Electives – Residents should complete at least 1 departmental or other elective or series of lectures pertinent to the topic of global mental health during residency. The goal is to seek relevant interdisciplinary knowledge from a variety of sources.

Clinical Electives/Community Service – Residents should seek to utilize the values of global health in the New Haven area by selecting an elective or doing community service which provides experience in relevant areas. These electives might include working at the Hispanic Clinic at CMHC or in the Refugee Clinic at YNH.

Global Mental Health Scholarly Project – Residents who wish to obtain recognition at graduation must complete a mentored scholarly activity with a clinical, research, or academic focus. Projects can begin during the CASE rotation in the PGY2 year, or they can be started or continued throughout the residency. Projects should have an identifiable end product such as a presentation, publication, or other product.

Possible Plan Utilizing Available Experiences:

PGY 1	<ul style="list-style-type: none"> • Attend the Global Mental Health Elective (GMHE) when possible • Identify possible mentors • Consider attending lectures or events within the Yale and New Haven communities relevant to GMH
PGY 2	<ul style="list-style-type: none"> • Attend the GMHE • Meet with and select a mentor • Consider a CASE project with a global mental health focus* • Consider attending the medical school GHE • Consider attending departmental electives or other lectures • Consider serving in the GMH Council
PGY 3	<ul style="list-style-type: none"> • Attend the GMHE • Initiate or continue development of a scholarly project with your mentor • Work with the School of Medicine Working Group on the Global Health Elective • Consider selective in Hispanic Clinic • Consider volunteering at the Refugee Clinic • Consider attending departmental electives or other lectures • Apply for an APA Minority Fellow grant or other funding source for your scholarly project • Consider serving in the GMH Council
PGY 4	<ul style="list-style-type: none"> • Attend the GMHE • Continue mentored scholarly project • Consider selective in the Hispanic Clinic • Consider volunteering at the Refugee Clinic • Consider attending departmental electives or other lectures • Take a leadership role in the GMHE or YSM GHE • Compose a reflection piece

*Projects involving an international experience must be discussed in advance in order to develop funding and affiliation agreement approvals.

GMH Council

A group of three residents (preferably of different academic years), one faculty advisor, the department Program Director or an Associate Program Director and two possible at-large positions will serve as the governance council.

The duties of this council will be:

1. The maintenance, updating, and implementation of the working governance document including the goals, objectives, structure, curriculum, and other aspects of the GMHP
2. The facilitation of education projects and experiences to build a GMH portfolio
3. The review of resident GMH Portfolios for recognition at graduation
4. To continually seek and support funding and grant opportunities for the continuation, maintenance, and growth of the program and its opportunities for residents
5. To oversee any administrative support for the program
6. Counseling of residents participating in GMH Program on projects for their GMH Portfolio and to ensure they are meeting their obligations to the adult psychiatry program
7. Oversight of non-restricted education grants for global mental health